



## 4th Sunday of the Year 3rd February 2019

### CLONARD MONASTERY

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ClonardMonastery

[www.clonard.com](http://www.clonard.com)

### MASS TIMES AT CLONARD

*(Sunday Vigil - 7.30pm Sat)* 7.am, 9.30am, 11.am, and 12.30pm

*Mon, Tues, Wed, Fri.*

7.00am, 9.30am and 6.15pm.

*Thursday (Novena)* 7.am, 9.30am, 4.pm, 6.15pm and 9.00pm.

*Saturday* 7.am, 9.30am & 12Noon.

**Last week's collections:** £ 2209. Many thanks.

The Bishop's Collection is included today.

**Day for Married Couples - Clonard Monastery, due to be held on Saturday 9th February 2019 has been cancelled.**

### **Mental Health Issues in the Community**

**Dr Steve Critchlow**, a practising psychiatrist for many years who has much experience in various ways of helping people struggling with depression and anxiety will return to Clonard for a series of four talks beginning on:

**Monday 4th February:** Anxiety and Stress Management

**Monday 11th February:** Overcoming Suicidal Thoughts.

**Monday 18th February:** Understanding Addictions.

**Monday 25th February:** What is Depression and What Treatments are Available?

All welcome, admission free.

**We are delighted to offer another 10 places** on our new programme on prayer, the Clonard School of Prayer. Please register for a place at Clonard Reception. Our next class is this Tuesday evening at 7.15pm. Refreshments from 7pm. If you'd like to visit for the evening, you are welcome. For details of each evening, please see the posters or contact Fodhla for a copy at email: [pastoraloffice@clonard.com](mailto:pastoraloffice@clonard.com).



**LGBT conversations on the following Sunday evening: 10 March 2019.** From 7.00 - 8.30pm, Pádraig Ó Tuama will facilitate an open conversation about how we and our LGBT community can live together with respect, compassion and sensitivity. All are welcome.

**St. Agnes' Parish Novena to Our Lady of Lourdes Saturday 2nd to Monday 11th February.** Mass times: Monday to Friday: 10am and 7.30pm Saturday: 1pm (Mass of the Sick) and 6.30pm (Vigil) Sunday: 9.30am and 12.30pm. Preacher Fr John Hanna C.Ss.R.

**4 Corners Festival** Theme for 2019 'Scandalous Forgiveness'. Leaflets available at back of Church or go to [www.4cornersfestival.com](http://www.4cornersfestival.com). Highlights this week include:

**Sunday, 3rd Feb at 7pm** in Skainos Centre, Newtownards Rd - *Compassion, Radical Kinship and Forgiveness* with American Jesuit Fr Gregory Boyle who has worked for over three decades with gangs in Los Angeles.

**Tuesday, 5th Feb at 7.30pm** in St John's Falls Rd - Singer songwriter Brian Houston in Conversation with Rev. Steve Stockman. Is there a song for forgiveness?

**Wednesday, 6th Feb at 7.30pm** in St Stephen's Church of Ireland, Millfield - *Lessons from Rwanda* - Challenging Churches on forgiveness, justice, reconciliation and repentance with Rev. Lesley Carroll and Derek Poole.

**Saturday, 9th Feb at 8pm** in St Peter's Cathedral - *Amazing Grace* - A Celebration of Outrageous Forgiveness with the New Irish Orchestra.

**Sunday, 10th Feb at 7pm** in Clonard Church - **Closing event of the festival** - *Towards a Forgiving City* with Canon David Porter, assistant to Archbishop Justin Welby, and Nicola Brady, General Secretary of the Irish Council of Churches. Special guest musicians.

**Unity Pilgrims - This Sunday, 3rd Feb**, pilgrims will attend the 10.15am Ecumenical Morning Service in St Mary's University College Chapel, Falls Road. This service is part of the 4 Corners Festival and will be broadcast live on Radio Ulster. All attending must be seated in the chapel not later than 10.00am. Meet in Clonard at 9.25am.

**30<sup>th</sup> Anniversary 'Homegrown' Concert celebrating the work of Tiny Life**, the premature baby charity. Friday 1<sup>st</sup> March 2019 at 8 pm in Clonard Monastery.

Artists include the cream of Northern Ireland talent: **The Priests, Karl McGuckin, Malachi Cush, Andrea Begley, Eimear McGeown, Niamh Perry, St Dominic's Grammar School Choir & Special Guest Phil Coulter.** Tickets £20 available from Clonard Reception, Tiny Life office (Bloomfield Avenue) tel: 02890 815050 or online [www.buytickets.at/tinylife](http://www.buytickets.at/tinylife)

