



CLONARD MONASTERY
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 🏠 Clonard Monastery
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MASS TIMES AT CLONARD Public Mass and Masses via Webcam

Sunday 7:00am, 9:30am, 11:00am and 12:30pm

Monday, Tuesday, Wednesday, 9:30am and 6:15pm

Friday 7:00am, 9:30am and 6:15pm

Thursday (Novena) 7:00am, 9:30am, 6:15pm and 8:00pm

Saturday 7:00am, 9:30am and 12:00 noon. **Sunday Vigil Mass** 7:30pm



**PRISONERS RELATIVES, and FRIENDS
PRAYER SERVICE**

Today **Sunday March 9th at 3pm**

The Service will be a Bible reading, a talk and prayers and will be conducted by:

- ♦ Deirdre Sloan
- ♦ Fr Brendan Keane C.Ss.R.

*All prisoners relatives, and friends
are welcome.*

SUPPORT SUICIDE PREVENTION



**WALK WITH US THIS APRIL
SO THAT NO ONE WALKS ALONE IN CRISIS**

KENNEDY CENTRE FOODSTOCK WEST WELLBEING
www.westwellbeing.co.uk/event/out-of-the-darkness-a-walk-of-hope/

COME BACK TO ME

COMING HOME IN THE SACRAMENT OF RECONCILIATION

St. John's Gospel tells us that Jesus appeared to his disciples and said "Receive the Holy Spirit. Whose sins you shall forgive, they are forgiven them." The gift of the Holy Spirit is first and foremost the gift of love. In the Sacrament of Reconciliation, we experience a particular expression of the love of God, forgiveness for our sins. We may experience God's forgiveness in other ways, such as an act of contrition or going to Mass where we receive the Eucharist. However, our public acknowledgement of our sins in the Sacrament of Reconciliation says to God and to our faith community "I have not shared the gift of love as fully as I am called to and want to say I am sorry."

Frequently in confession, a penitent will express frustration for repeated sins, sometimes losing heart. It shouldn't be so. Our faith tells us that our sins are wiped away in the sacrament of Reconciliation, and indeed they are, but that doesn't mean that the place they came from within our hearts has also been purified. A jealous heart yields jealous actions; a selfish heart brings selfish actions. The journey of healing through this sacrament is not only identifying harmful actions and confessing them but also naming those unloving attitudes in our hearts that give rise to sinful actions preventing us from loving fully. This journey of opening our hearts fully to the love of God takes time and patience.

A practical help to keep our minds and hearts attentive to the love of God is to take a moment at the end of each day and ask ourselves: "What am I grateful for today? Where did I experience the love of God in my life and where did I share it?" A second question might be: "What do I regret from this past day? Where did I fail to love?" We will find ourselves examining our actions and our hearts and subtly preparing ourselves to celebrate this wonderful Sacrament in preparation for the great feast of Easter.

During Sundays this Lent, Clonard invites you to reflect with us on this wonderful Sacrament of encounter with God's love, given to us by the Redeemer.

We thank you for last week's collections which came to £2,514 for Clonard and £800 for the Bishop.

Also your kind donations, online and by post

CLONARD PEACE MINISTRY

Unity Pilgrims of Hope - Today **Sunday 9 March** our pilgrims join the

11.30am Service in **West Kirk Presbyterian Church, Shankill Road,** with their minister **Rev. David Clawson.** Meet at Clonard at **11am.** *All welcome!*

ST. PATRICK'S DAY, MONDAY, MARCH 17TH

Monday 17th March Masses at 7am,

9.30am with Clonard Folk Choir and Ferris/Bunting/McGeough School of Dance,

11.00am with Clonard Choir and Ferris/Bunting/Mc Geough School of Dance.

6.15pm with Cantor led Singing.

Reception will be closed on Monday 17th March.

CLONARD YOUTH AND YOUNG ADULT MINISTRY – LENT 2025

Clonard Youth and Young Adult Ministry are offering **two programmes** which will provide a meaningful opportunity for young people to reflect on their personal journey, deepen their faith, and build lasting friendships during the Lenten season:

Programme 1 (Ages 15–17) Wednesdays 6:00pm–7:00pm from 5th March

Programme 2 (Ages 18–30) Wednesdays 7:30pm–8:30pm starting Wednesday 12th March

Contact youthministry@clonard.com. Registration forms available at Reception.

TRÓCAIRE BOXES

Trócaire boxes are available at the back of the Church and at Reception.