



CLONARD MONASTERY  
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## MASS TIMES AT CLONARD Public Mass and Masses via Webcam

**Sunday** 7:00am, 9:30am, 11:00am and 12:30pm  
**Monday, Tuesday, Wednesday** 9:30am and 6:15pm  
**Friday** 7:00am, 9:30am and 6:15pm  
**Thursday (Novena)** 7:00am, 9:30am, 6:15pm and 8:00pm  
**Saturday** 7:00am, 9:30am and 12:00 noon. **Sunday Vigil Mass** 7:30pm



**Churches Together Pentecost Service**  
Sunday 8th June at 4.30pm  
Clonard Monastery, Belfast  
Preacher: Rev Danielle McCullagh (Chaplain, Q.U.B.)  
As we celebrate 1700 years of the Council of Nicaea, our theme is 'The Spirit of Unity'  
Everyone is welcome



**mary's meals** STEP by STEP  
A simple solution to feed the most CHED  
SPONSORED WALK FOR MARY'S MEALS  
ALL DONATIONS WELCOME!  
**5K LOOP WALK!**  
FALLS PARK, BELFAST  
SATURDAY 14th JUNE  
START 12.30PM FINISH 1.45PM  
BRING THE FAMILY. BRING THE JOY. STAY ON YOUR FEET AND WALK FOR A GREAT CAUSE!  
FOR MORE INFO CONTACT: TARA O'NEILL 07511 289724  
REGISTERED CHARITY SC022146



## 18th - 26th June 2025 Clonard Solemn Novena

In honour of our Mother of Perpetual Help



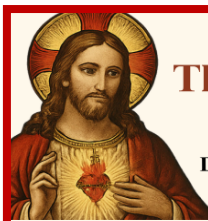
**WEEKDAYS**  
6:45am, 9:30am, 11:30am,  
4:00pm, 6:00pm, 8:00pm.  
**SATURDAY and SUNDAY**  
6:45am, 9:30am, 11:30am,  
1:30pm, 4:00pm, 6:00pm, 8:00pm.

### Sacrament of the Sick

Friday, 20th June at 9:30am, 11:30am and 6:00pm

**Procession in Thanksgiving to Our Mother of Perpetual Help**  
After the final 8:00pm Mass on Thursday, 26th June

**Down & Connor**  
**The Most Sacred Heart of Jesus**  
Diocesan Devotions June 2025



**Tues. June 3rd to Wed. June 18th & Sat. June 28th to Mon. June 30th**  
PILGRIM STATUE DOWN & CONNOR PARISH VISITS  
The Sacred Heart Pilgrim Statue will travel through the diocese, preparing and promoting devotion (Mass, Prayer, Holy hours) (Led by local clergy)

**Wed. June 18th to Thurs. June 26th**  
DOWN & CONNOR DIOCESAN SACRED HEART NOVENA  
Daily Mass and Novena from St Peter's Cathedral, Belfast (Led by Bishop Alan McCuckian and local clergy)

**Friday, June 20th**  
VENERATION OF RELICS & NATIONAL NOVENA MASS  
The Relics of St. Margaret Mary Alacoque & Claude la Colombiere visit St. Peter's Cathedral (Led by Bishop Alan McCuckian & local clergy)

**Sunday, June 22nd**  
RE-CONSECRATION OF IRELAND TO THE SACRED HEART  
Statue goes to Knock Shrine for 22nd & returns D&C on 23rd (Led by Archbishop Eamon Martin)

## PENTECOST SUNDAY



**John 14:15-16; 23-26 The Advocate, the Holy Spirit, will teach you everything.**

### Living in Love: The Spirit Among Us.

This week, our Gospel reading from John offers us a profound invitation to dwell in God's love and experience the incredible gift of the Holy Spirit. Jesus tells us, "If you love me, you will keep my commandments," and promises that the Father will send "another Advocate to be with you always, the Spirit of truth." He goes on to say, "Whoever loves me will keep my word, and my Father will love them, and we will come to them and make our dwelling with them."

### What does this mean for us, right here, right now?

In a world that often feels chaotic and uncertain, these words are a beacon of hope and a call to action. Loving Jesus isn't about blind obedience; it's about a relationship. When we strive to live by His teachings – teachings of love, compassion, forgiveness, and justice – we open ourselves to a deeper connection with God. This isn't always easy, of course. Life throws curveballs, and our patience, generosity, and faith are often tested. But here's the truly revolutionary part: we are not alone. Jesus promises us the Holy Spirit, the "Advocate," the "Spirit of truth." This isn't some distant, abstract force. The Holy Spirit is an active, empowering presence within us, guiding us, comforting us, and strengthening us. It's the inner reminder to be kind, the quiet wisdom that helps us make good choices, the courage to speak truth to power.

### So, How do we turn this into a strength?

- **Listen:** Pay attention to that inner voice, that sense of peace or unease that often accompanies our decisions. That's the Spirit at work!
- **Act:** Let your love for God be seen in your actions – big or small – so that you reflect the Spirit of His love on others you meet.
- **Trust:** Have faith that even when things are tough, God is with you, working through His Spirit to help you grow and face every challenge."

This week, let's embrace this incredible truth. Let us live in love, knowing that the Holy Spirit is truly with us, transforming our lives and empowering us. **What a gift!**

## PRAYER FOR EXAMS

If you wish to **pray** for a student during their exams please enter your prayer in a special book of intentions at St Joseph's Altar. Your intention will be remembered specially at daily Prayer in Clonard.



## UNITY PILGRIMS OF HOPE

**This Sunday, 8 June** joining **Belfast City Vineyard**, Cavehill Road, for their **9.30am Pentecost Service**. Meet in Clonard at 9.00am. *All welcome!*



We thank you for last week's Collections which came to £2,705 for Clonard and £903 for the Bishop. Also for your kind donations, online and by post.